

BEHAVE'N

February 1 - February



THEMES AND SCHEMES

The **Themes** for February is caring and sharing. We will be celebrating Valentines Day this month! We will have a party Wednesday February 14. Children are more than welcome to bring valentines cards.

Letters: U, V, W, and X will be the letters of the week. We will be working on the sound and recognition of each of these letters. Each Friday children will be participating in show and tell. They can bring an item that starts with the letter of the week.

Numbers: Mrs. Sara's and Ms. Melissa groups are working on counting with fingers and recognition of numbers. They are also working on counting to 10 aloud. Ms. Toni, Ms. Amaris, and Mrs. Jill's groups are working on addition. We will use strategies such as picture adding and using our fingers. We will be focusing on writing out addition problems and reading math sentences.

Winter Weather

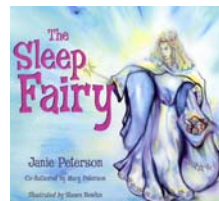
In case of inclement weather you can find out if Behave'n is open or closed by looking at our website, www.behavenkids.com, watching Channel 7 or listening to KFAB (1110AM) radio station.

REMINDERS

Remember that we will take the children out in all weather so please be sure that they are equipped with the proper attire. If you would like to have your child stay inside then we would need you to provide us with a doctor's note. If you have any questions regarding this please see Kate or Jen.



Don't forget about our books!!!





40 Different Ways to Say "I LOVE YOU"

As Valentine's Day approaches and the children are loaded up with chocolate kisses and candy hearts, we wanted to share other ways to tell your children you love them. And no, they don't need a dozen roses!

1. Give your child a big, bear hug.
2. Give your child a butterfly kiss (blink your eyes next to your cheek so they feel your eyelashes) or an Eskimo kiss (rub your noses together).
3. Blow raspberries on his/her belly.
4. Say "I Love You" a LOT.
5. Always pay attention to them when they are talking to you.
6. Hold, cuddle, smile and love on them as much as possible.
7. Dance with them.
8. Sit them in your lap to read stories.
9. Sing to them . . . even if you have the worst voice in the world.
10. Listen to them, and honor even early attempts to communicate.
11. Be excited about every new development and discovery.
12. Let them get messy with art, cooking, or the kiddie pool, and play right along with them.
13. Play in the sprinkler together.
14. Wear their favorite color.
15. When playing, give your child choices of toys.
16. Say sorry when you're wrong.
17. Cook with your toddler and never mind the mess.
18. Make a mess and who cares!
19. Play in the rain and splash in the puddles.
20. KISSES, KISSES and Lots more KISSES!
21. PLAY WITH YOUR CHILDREN, tomorrow they'll be adults asking for the keys to your car!!
22. When they bring you a book to share, stop and read it with them, no matter what you're doing.
23. Touch your child every time you greet them. It can be a hug, hair play, whatever.
24. Put down what you're doing to listen to your child when they're talking to you, and make eye contact.
25. Leave extra time while running errands to allow your toddler to walk around the fountain at the library 20 times, or swing from each bike rack twice, without you rushing them along to the next item on your list.
26. Remember what it was like to be a kid and act like one now and then.
27. Kiss the top of their head when they're in the sling/carrier/in your arms, and tell them how much you love them.
28. Kiss all ten little fingers and all ten little toes, and laugh as they do!
29. As someone said, treat them with respect. And beyond that, model tolerance, acceptance and respect for others, as we're providing the models they'll emulate.
30. Speak positively about your child to others when you know he is listening!
31. Listen to your child!
32. Read to your child, and respect his choices. Be patient if that means reading the same story over and over again.
33. Show your delight in spending time with your child.
34. Put little surprise love notes in their lunch boxes!
35. Teach them some "clean" jokes and laugh along together!
36. Teach them the sign for "I love you" and use it a LOT!
37. Blow kisses across the room at them!
38. Be patient!
39. Create family traditions.
40. Just LOVE them!!



